INTRODUCTION AND BACKGROUND:

HSCRC Community Benefit Report:

The Health Services Cost Review Commission’s (HSCRC or Commission) Community Benefit Report, required under §19-303 of the Health General Article, Maryland Annotated Code, is the Commission’s method of implementing a law that addresses the growing interest in understanding the types and scope of community benefit activities conducted by Maryland’s nonprofit hospitals.

The Commission’s response to its mandate to oversee the legislation was to establish a reporting system for hospitals to report their community benefits activities. The guidelines and inventory spreadsheet were guided, in part, by the VHA, CHA, and others’ community benefit reporting experience, and was then tailored to fit Maryland’s unique regulated environment. The narrative requirement is intended to strengthen and supplement the qualitative and quantitative information that hospitals have reported in the past. The narrative is focused on (1) the general demographics of the hospital community, (2) how hospitals determined the needs of the communities they serve, and (3) hospital community benefit administration.

PRINCE GEORGE’S HOSPITAL CENTER:

Located in Cheverly, Maryland, Prince George’s Hospital Center (PGHC) is a private not-for-profit acute care teaching hospital and regional referral center which has been providing quality healthcare services to the southern Maryland region since 1944. Over the past 70 years, Prince George’s Hospital Center has grown to become the region’s major tertiary care center and one of its largest employers. Prince George’s Hospital Center is a member of the Dimensions Healthcare System (DHS).

Leadership:

Chairman, Board of Directors, DHS – C. Phillip Nichols, Jr.
Chairwoman, Board of Directors, PGHC – Tawanna P. Gaines
CEO – Neil J. Moore
COO, DHS – Sherry Perkins
Chief Nursing Officer – Candace Hanrahan

Location: 3001 Hospital Drive, Cheverly, Maryland 20785

Facility type: Acute care teaching hospital and regional referral center

No. of licensed beds: 237 (plus 52 bassinets)

No. of inpatient admissions: 12,241, plus 2074 births
No. of Employees: 1712

**Specialty services:**

A comprehensive range of inpatient and outpatient medical and surgical services including:

- Emergency and trauma services (designated Level II regional trauma center for southern Maryland)
- Critical care services
- Cardiac care services (comprehensive cardiac care – only program of its kind in the County)
  - Open-heart surgery
  - Two cardiac catheterization labs (diagnostic & therapeutic cardiac caths, cardiac stenting)
  - 10 bed CCU and 66 telemetry beds
  - Cardiac diagnostic evaluation center
  - Cardiac rehabilitation
- Laboratory and pathology testing
- Medical and surgical services (virtually all adult specialties performed)
- Maternal and child health
  - Labor and delivery postpartum units
  - Perinatal diagnostic center
  - Diabetes and pregnancy program
  - Neonatal intensive care unit (designated Level III, regional center for Prince George’s County)
  - Inpatient pediatric unit
  - Chronic pediatric inpatient unit and outpatient program

Other specialty services:

- Ambulatory and outpatient services
  - Surgical short-stay center
  - Special procedures
  - Diabetes treatment center
  - Dimensions Surgery Center (a freestanding ambulatory surgery center located on the Bowie Health Campus)
  - Gladys Spellman Family Health and Wellness Center, Cheverly, Maryland (formerly the Glenridge Medical Center). Family Medicine Practice (located at the Gladys Spellman Family Health and Wellness Center, Cheverly, Maryland)
  - Rachel H. Pemberton Senior Health Center, Brentwood, Maryland
  - Family Health and Wellness Center, Suitland, Maryland
- Behavioral health services
  - Inpatient psychiatric unit for adults
  - Hospital-based sexual assault center
- Partial hospitalization program
- Emergency psychiatric services
- Domestic Violence and Sexual Assault Center
- Graduate medical education, internal medicine and family medicine residency programs

**Facilities:**

- The Surgical Services and Critical Care Center Pavilion houses a 24 bed intensive care unit, 10 operating suites, a 15 bay Post Anesthesia Care Unit, 11 private room Short Stay Center, two state-of-the-art cardiac catheterization labs with 10 Transcare bays and 2 endoscopy suites with 9 recovery bays.
- The PGHC Emergency Department includes 15 acute care rooms, 4 hall area beds, a 4 bed resuscitation area, 2 isolation rooms, 2 dedicated trauma rooms, an 8 bed ambulatory emergency area, with 2 minor trauma/suture rooms and a designated ENT room, point-of-care testing, a 16-bed distinct observation unit and a blood bank.
- PGHC also has a licensed, freestanding emergency department, located on the Bowie Health Center campus, with a total of 15 beds, including two cardiac rooms, 2 suture rooms, a GYN room, an isolation room, a stat lab, and radiology services.

**Ownership:**

- Prince George’s Hospital Center is a member of Dimensions Healthcare System, the largest not-for-profit provider of health care services in Prince George’s County. Dimensions Healthcare System also includes Laurel Regional Hospital in Laurel, Maryland, and Bowie Health Center in Bowie, Maryland.

**Reporting Requirements**

1. **GENERAL HOSPITAL DEMOGRAPHICS AND CHARACTERISTICS:**
   
   Please list the following information in Table I below. For the purposes of this section, “primary services area” means the Maryland postal ZIP code areas from which the first 60 percent of a hospital’s patient discharges originate during the most recent 12 month period available, where the discharges from each ZIP code are ordered from largest to smallest number of discharges. This information will be provided to all hospitals by the HSCRC.

<table>
<thead>
<tr>
<th>Bed Designation:</th>
<th>Inpatient Admissions:</th>
<th>Primary Service Area Zip Codes:</th>
<th>All other Maryland Hospitals Sharing Primary Service Area:</th>
<th>Percentage of Uninsured Patients, by County</th>
<th>Percentage of Patients who are Medicaid Recipients, by County</th>
</tr>
</thead>
</table>

Page 4 of 30
2. For purposes of reporting on your community benefit activities, please provide the following information:

   a. Describe in detail the community or communities the organization serves. (For the purposes of the questions below, this will be considered the hospital’s Community Benefit Service Area – “CBSA”. This service area may differ from your primary service area on page 1.) This information may be copied directly from your primary service area on page 1.)

<table>
<thead>
<tr>
<th>Table I</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>237 Beds + 52 Bassinets</th>
<th>14,270</th>
<th>20785 20743 20747 20774 20784 20706 20019 20710 20721 20737 20746</th>
<th>Doctors Community Holy Cross Washington Adventist Southern Maryland Laurel Regional Fort Washington</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>19% (PGHC total patient pop.)</td>
<td>33% (PGHC total patient pop., includes Medicaid pending)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>PG County: 78%</td>
<td>PG County: 79%</td>
</tr>
<tr>
<td></td>
<td></td>
<td>DC: 10.6%</td>
<td>DC: 14%</td>
</tr>
</tbody>
</table>

PRINCE GEORGE’S COUNTY DEMOGRAPHICS:

The PGHC Primary Service Area consists of 11 zip codes within Western and Central Prince George’s County.

PGHC’s Primary Service Area differs from its Community Benefit Service Area (CBSA) in that its CBSA encompasses 16 zip codes in Western and Central Prince George’s County. Patients from these 16 zip code areas make up approximately 75% of PGHC’s total inpatient and outpatient admissions. The PGHC CBSA also includes one zip code area in the eastern portion of the District of Columbia (DC) – patients from this area make up 7.5% of PGHC’s inpatient and outpatient admissions. An estimated 555,420 people make up the PGHC CBSA: 78.8% are African-Americans, 6.3% White (non-
Hispanic), 10.8% of Hispanic origin, 2.1% of Asian origin, and 0.1% of other ethnic origin.

PGHC COMMUNITY BENEFIT SERVICE AREA
FY 2016

Community Benefit Service Area
FY 2016

![Map showing community benefit service area in FY 2016]

Legend:
- PSA Zip Codes (60% of all cases)
- Added CBBA Zip Codes (75% of all cases)
b. In Table II, describe significant demographic characteristics and social determinants that are relevant to the needs of the community and include the source of the information in each response. For purposes of this section, social determinants are factors that contribute to a person’s current state of health. They may be biological, socioeconomic, psychosocial, behavioral, or social in nature. (Examples: gender, age, alcohol use, income, housing, access to quality health care, education and environment, having or not having health insurance.) (Add rows in the table for other characteristics and determinants as necessary).

### Table II

| Community Benefit Service Area (CBSA) Target Population (target population, by sex, race, and average age) | PGHC Total CBSA Population: 561,920  
PG Cty CBSA Population: 502,128  
DC CBSA Population: 59,792  
Sex M – 46.8%  
F – 53.2%  
White (non-Hispanic) – 6.3%  
African-American – 77%  
Hispanic/Latino – 11.9%  
Asian – 2.3%  
Other Race – 0.2%  
**Source:** PCA Executive Marketing Reporting (New Health Analytics) (2016) |
| --- | --- |
| **Prince George’s County:**  
% age < 20 years – 25.5%  
% age 65 and older – 11.7% | **District of Columbia (DC):**  
% age < 20 years – 20.8%  
% age 65 and older – 11.5%  
**Source:** U.S. Census Bureau, 2015 ACS 1-Year Estimates |
| **Median Household Income within the CBSA**  
(county level) | **Prince George’s County:**  
$\rightarrow 74,260  
DC: $70,848  
**Source:** U.S. Census Bureau, 2015 ACS 1-Year Estimates |
| **Percentage of households with incomes below the federal poverty guidelines within the CBSA** | **Prince George’s County:**  
6.8%  
DC: 14.3%  
**Source:** U.S. Census Bureau, 2015 ACS 1-Year Estimates |

Please estimate the percentage of uninsured people by County within the CBSA | **Prince George’s County:**  
13.8%  
DC: 5.8%  
**Source:** U.S. Census Bureau, 2015 ACS 1-Year Estimates |
| Percentage of public health insurance coverage recipients by County within the CBSA. | Prince George’s County: 27.3%  
DC: 35.1%  
Source: U.S. Census Bureau, 2015 ACS 1-Year Estimates |
| Life Expectancy by County within the CBSA. | Prince George’s county:  
All Races: 80.0 years  
White: 80.7  
Black: 78.3  
DC: 77.5 years  
Source: District of Columbia Community Health Needs Assessment, 2013 |
| Mortality Rates by County within the CBSA (including by race and ethnicity where data are available). | Prince George’s County:  
All Races: 593.6/100,000  
White: 643.8/100,000  
Black: 602.9/100,000  
Asian/Pacific Islander: 273.5/100,000  
Hispanic: 131.1/100,000  
DC: 743.8/100,000  
Source: CDC Mortality Multiple Cause Micro-data Files Final Data 2014 |
| Access to healthy food, transportation and education, housing quality and exposure to environmental factors that negatively affect health status by County within the CBSA. (To the extent information is available from local or county jurisdictions such as the local health officer, local county officials, or other resources) | Risk factors for premature death in Prince George’s County and DC:  
-- Physical Inactivity PG: 24% DC: 17%  
-- Food Environment Index PG: 7.5 DC: 8.0  
-- Adult Obesity PG: 33% DC: 22%  
-- High blood pressure PG: 26.2% **DC: 29.4%  
-- Adult Smoker PG: 13% DC: 16%  
-- Has diabetes PG: 10.4% **DC: 8.5%  
-- HIV prevalence rate *PG: 787.2/100,000 **DC: 2540.5/100,000  
-- Violent crime rate PG: 624/100,000 DC: 1,259/100,000  
| Available detail on race, ethnicity, and language within CBSA. | See charts on pages 10 and 11, which provide detail on race and ethnicity within the CBSA. |
| Other | Vulnerable populations in Prince George’s County:  
-- Are unemployed  
Prince George’s County: 5.9%  
DC: 7.8%  
Source: County Health Rankings, 2016 |
### Access to primary care

**Ratio of population to primary care physicians** –

Prince George’s County – 1,860:1 DC: 860:1

Nat'l Benchmark –1051:1

(Prince George’s County has substantially lower per capita numbers of primary care physicians when compared to neighboring jurisdictions.)

*Source: County Health Rankings, 2016*

**Number of Safety Net Clinics** –

Prince George’s County: 5

DC: 38 – 40

*Source: Prince George’s County Health Improvement Plan 2011 to 2014*

### Prince George’s Hospital Center Community Benefit Service Area (CBSA)

#### Target Population by Gender, Race, Age, and Uninsured

<table>
<thead>
<tr>
<th></th>
<th>PGHC CBSA Area</th>
<th>% of Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 Total Population</td>
<td>561,920</td>
<td>100.0%</td>
</tr>
<tr>
<td>Total Male Population</td>
<td>263,230</td>
<td>46.8%</td>
</tr>
<tr>
<td>Total Female Population</td>
<td>298,690</td>
<td>53.2%</td>
</tr>
</tbody>
</table>

*Source: PCA Executive Marketing Reporting (New Health Analytics) (2016)*

#### Race/Ethnicity

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>2015 Pop</th>
<th>% of Total</th>
<th>USA % of Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>White Non-Hispanic</td>
<td>35,376</td>
<td>6.3%</td>
<td>73.1%</td>
</tr>
<tr>
<td>Black Non-Hispanic</td>
<td>432,810</td>
<td>77%</td>
<td>12.7%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>66,756</td>
<td>11.9%</td>
<td>17.6%</td>
</tr>
<tr>
<td>Asian &amp; Pac. Isl. Non-Hispanic</td>
<td>13,227</td>
<td>2.3%</td>
<td>5.4%</td>
</tr>
<tr>
<td>All Others</td>
<td>12,426</td>
<td>22%</td>
<td>4.8%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>561,920</td>
<td>100.0%</td>
<td></td>
</tr>
</tbody>
</table>

*Source: U.S. Census Bureau, ACS Community Survey (2015) and PCA Executive Marketing Reporting (New Health Analytics) (2016)*

#### Population Distribution

<table>
<thead>
<tr>
<th>Age Group</th>
<th>2015Pop</th>
<th>% of Total</th>
<th>USA % of Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 – 17</td>
<td>134,619</td>
<td>24.0%</td>
<td>22.9%</td>
</tr>
<tr>
<td>18 - 64</td>
<td>358,449</td>
<td>63.8%</td>
<td>62.2%</td>
</tr>
<tr>
<td>65 +</td>
<td>68,852</td>
<td>12.3%</td>
<td>14.9%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>561,920</td>
<td>100.0%</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

*Source: U.S. Census Bureau, 2015 ACS and PCA Executive Marketing Reporting (New Health Analytics) (2016)*
### Community Challenges & Health Statistics:

#### COMPARATIVE VITAL STATISTICS

<table>
<thead>
<tr>
<th>COMPARATIVE VITAL STATISTICS</th>
<th>PRINCE GEORGE'S COUNTY</th>
<th>MONTGOMERY COUNTY</th>
<th>STATE OF MARYLAND</th>
<th>PG CTY % VARIANCE TO MONT Cty</th>
<th>PG CTY % VARIANCE TO STATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age Adjusted Mortality Rates: 2012-2014</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>All Causes of Death</td>
<td>678.7</td>
<td>493.0</td>
<td>701.1</td>
<td>27.2%</td>
<td>-22.4%</td>
</tr>
<tr>
<td>Disease of the Heart</td>
<td>172.5</td>
<td>110.7</td>
<td>169.9</td>
<td>36.3%</td>
<td>2.6%</td>
</tr>
<tr>
<td>Malignant Neoplasms</td>
<td>156.5</td>
<td>121.7</td>
<td>162.0</td>
<td>20.9%</td>
<td>-3.8%</td>
</tr>
<tr>
<td>Cerebrovascular Disease</td>
<td>35.1</td>
<td>25.2</td>
<td>36.3</td>
<td>24.3%</td>
<td>-4.3%</td>
</tr>
<tr>
<td>Diabetes Mellitus</td>
<td>28.3</td>
<td>12.6</td>
<td>19.2</td>
<td>50.4%</td>
<td>27.9%</td>
</tr>
<tr>
<td>Accidents</td>
<td>25.2</td>
<td>17.0</td>
<td>26.6</td>
<td>34.6%</td>
<td>-3.1%</td>
</tr>
<tr>
<td>Chronic Lower Respiratory Diseases</td>
<td>18.9</td>
<td>17.4</td>
<td>31.1</td>
<td>6.9%</td>
<td>-62.1%</td>
</tr>
<tr>
<td>Septicemia</td>
<td>15.1</td>
<td>11.3</td>
<td>14.9</td>
<td>26.7%</td>
<td>3.4%</td>
</tr>
<tr>
<td>Alzheimer's Disease</td>
<td>13.5</td>
<td>12.0</td>
<td>14.3</td>
<td>7.2%</td>
<td>-5.8%</td>
</tr>
<tr>
<td>Influenza and Pneumonia</td>
<td>14.0</td>
<td>12.9</td>
<td>16.0</td>
<td>13.7%</td>
<td>-13.7%</td>
</tr>
<tr>
<td>HIV</td>
<td>4.3</td>
<td>1.4</td>
<td>3.4</td>
<td>71.7%</td>
<td>28.3%</td>
</tr>
<tr>
<td>Nephritis, Nephrosis, and Nephrotic Syndrome</td>
<td>13.1</td>
<td>7.4</td>
<td>11.3</td>
<td>41.0%</td>
<td>14.9%</td>
</tr>
<tr>
<td>Assault (Homicide)</td>
<td>7.5</td>
<td>2.2</td>
<td>7.0</td>
<td>76.1%</td>
<td>14.8%</td>
</tr>
<tr>
<td>Intentional Self-Harm (Suicide)</td>
<td>5.8</td>
<td>7.0</td>
<td>9.2</td>
<td>-25.9%</td>
<td>-55.2%</td>
</tr>
</tbody>
</table>


Note: Age Adjusted Mortality Rates are adjusted to the standard U.S. 2000 population by the direct method per 100,000 population.

In comparison with national figures, despite the higher than average median household income, educational attainment, and the percentage of Prince Georgians represented in the work force, the County does contain several pockets of low socioeconomic status, particularly those portions of the County that are inside the Beltway. According to the 2009 RAND Report *Assessing Health and Health Care in Prince George’s County*, the demographic characteristics in the County Public Use Microdata Areas (PUMAs), including PUMAs 1, 3, 4, and 7 within the Beltway, all report vulnerable populations
with lower incomes, majority of which are Black and growing Hispanic populations. The 2009 Community Health Status Report data reveals that medically vulnerable Prince Georgian’s (uninsured and Medicaid enrolled individuals) account for approximately 297,784 or 35.7% of the total population.

According to the CDC document *Summary Health Statistics of the U.S. Population: National Health Interview Survey*, being poor and uninsured are two of the strongest determinants of whether a person “did not receive medical care”, or whether they “delayed” seeking care. In its *Health Report 2015*, the Prince George’s County Health Department reported that in 2013, an estimated 15.5% of the county’s population lacked health insurance, a major barrier to accessing care with the largest group being adults (ages 18-64) at 21.1%. However, with the implementation of the Affordable Care Act, in 2015, the county’s health department now reports that 99,834 Prince George’s County residents have enrolled in health insurance through Maryland’s ACA health exchange; that is approximately 1 out of every 9 people in the county.

Deaths due to diabetes, heart disease, hypertension, stroke, HIV, breast, colorectal and prostate cancers, as well as infant mortality continue to represent significant health challenges for Prince George’s community residents. The Prince George’s County Primary Healthcare Strategic Plan (2015) found that although Prince George’s County residents experience higher rates of asthma, diabetes, hypertension, heart disease, and cancer when compared to state averages and rates, these rates were often higher within the African American population. Significant disparities in mortality and health status for several health indices are evident with various racial and ethnic populations. An example can be seen with the relatively higher rates of obesity and homicide, additional areas of concern and certainly planning considerations in this majority-minority community. It must also be noted that the racial and ethnic minorities within Prince George’s County makeup approximately 2/3 of County Medicaid beneficiaries. Both Prince George’s County and Maryland State health statistics are similar to national trends regarding the status of minority health.

Furthermore, many county residents struggle with mental health issues. In 2013, over 12% of adults reported at least eight poor mental health days within the past thirty days. In 2013, 53 residents lost their lives due to suicide. In 2014, the Health Department began a behavioral health work group with community partners to ensure more coordinated care for county residents. In 2015 this group began conducting an assessment of community mental health services, however, the results of these assessments is still pending.

**IDENTIFICATION OF COMMUNITY HEALTH NEEDS:**

PGHC’s management actively solicits information from the Prince George's County Health Department and other community-based organizations to assess health needs in the community. PGHC representatives serve as members on a variety of healthcare focused community organizations and provide staff expertise and other resources, including hosting meetings at our facilities, and the provision of health screening services at local community events. Some of these organizations include:
Prince George’s Health Enterprise Zone
Prince George County Health Department Community Care Coordination Team
Totally Linking Care – Maryland Coalition
Health Action Forum of Prince George's County
Prince George's Healthcare Action Coalition
National Capital Area Breast Health Quality Consortium
The Prince George's County Local Health Disparities Committee
The Health Empowerment Network of Maryland, Inc. (HENM) - a Community Based Organization made up of partners such as the Prince George's County Health Department, University of Maryland Prevention Resource Center, Prince George's County Area Agency on Aging, Department of Health and Mental Hygiene, Integrity Health Partners and the City of Seat Pleasant, among others.
Primary Care Coalition of Montgomery County
Susan G. Komen Foundation

Through the provision of healthcare providers and other support staff, PGHC has also partnered with community-based organizations in efforts to increase their capacity in providing services to the community. This includes facilitating access to sub-specialty services for uninsured and underinsured residents at various Federally Qualified Health Centers (FQHC) including Community Clinic, Inc., Greater Baden Medical Services, and the Pregnancy Aid Center.

PGHC has also worked with local and state health officials to develop the Prince George's County and the State Health Improvement Plans. PGHC also continues to work closely with the Health Department to implement programs that address health plan goals for the county. An example of one of such plans is the Prince George’s County Primary Care Strategic Plan, issued in 2015.

PGHC has completed a formal community health needs assessment (CHNA), as required by the Patient Protection and Affordable Care Act. The CHNA, inclusive of the Implementation Strategy Plan, can be found in the next section of the report.

PGHC has also reviewed, sponsored, and/or collaborated on, a number of additional community needs assessments including the following reports:

- **Assessing Health and Health Care in Prince George’s County**, completed by the RAND Corporation (RAND) (February 2009)

- **Prince George’s County Health Improvement Plan 2011 to 2014 – Blueprint for a Healthier Community**, completed by the Prince George’s County Government (September 2011)

- **Transforming Health in Prince George’s County, Maryland: A Public Health Impact Study** completed by the University of Maryland School of Public Health (UM SPH) (July 2012)
II. COMMUNITY HEALTH NEEDS ASSESSMENT

According to the Patient Protection and Affordable Care Act (“ACA”), hospitals must perform a Community Health Needs Assessment (CHNA) either fiscal year 2011, 2012, or 2013; adopt an implementation strategy to meet the community health needs identified, and perform an assessment at least every three years. The needs assessment must take into account input from persons who represent the broad interests of the community served by the hospital facility, including those with special knowledge of or expertise in public health, and must be made widely available to the public.

For the purposes of this report, the IRS defines a CHNA as a:

“Written document developed for a hospital facility that includes a description of the community served by the hospital facility; the process used to conduct the assessment including how the hospital took into account input from community members and public health experts; identification of any persons with whom the hospital has worked on the assessment; and the health needs identified through the assessment process.”

The written document (CHNA) must include the following:

A description of the community served by the hospital and how it was determined;

A description of the process and methods used to conduct the assessment, including a description of the sources and dates of the data as well as other information used in the assessment and the analytical methods applied to identify community health needs. It should also describe information gaps that impact the hospital organization’s ability to assess the health needs of the community served by the hospital facility. If a hospital collaborates with other organizations in conducting a CHNA the report should identify all of the organizations with which the hospital organization collaborated. If a hospital organization contracts with one or more third parties to assist in conducting the CHNA, the report should also disclose the identity and qualifications of such third parties;

A description of how the hospital organization took into account input from persons who represent the broad interests of the community served by the hospital facility, including a description of when and how the hospital consulted with these persons (whether through meetings, focus groups, interviews, surveys, written correspondence, etc.). If the hospital organization takes into account input from an organization, the written report should identify the organization and provide the name and title of at least one individual in such organizations with whom the hospital organization consulted. In addition, the report must identify any individual providing input
that has special knowledge of or expertise in public health by name, title, and affiliation and provide a brief description of the individual’s special knowledge or expertise. The report must identify any individual providing input who is a “leader” or “representative” of certain populations (i.e., healthcare consumer advocates, nonprofit organizations, academic experts, local government officials, community-based organizations, health care providers, community health centers, low-income persons, minority groups, or those with chronic disease needs, private businesses, and health insurance and managed care organizations);

A prioritized description of all the community health needs identified through the CHNA, as well as a description of the process and criteria used in prioritizing such health needs; and

A description of the existing health care facilities and other resources within the community available to meet the community health needs identified through the CHNA.

In order to meet the requirement of the CHNA for any taxable year, the hospital facility must make the CHNA widely available to the Public and adopt an implementation strategy to meet the health needs identified by the CHNA by the end of the same taxable year.

The IMPLEMENTATION STRATEGY must:

a. Be approved by an authorized governing body of the hospital organization;

b. Describe how the hospital facility plans to meet the health need; or

c. Identify the health need as one the hospital facility does not intend to meet and explain why it does not intend to meet the health need.

1. Has your hospital conducted a Community Health Needs Assessment that conforms to the IRS definition detailed on pages 4-5 within the past three fiscal years?

__X__ Yes

___ No

Provide date here. _06_/_/07_/_/13_ (mm/dd/yy)

If you answered yes to this question, provide a link to the document here.

2. Has your hospital adopted an implementation strategy that conforms to the definition detailed on page 5?

_X__Yes

___No

If you answered yes to this question, provide the link to the document here.


III. COMMUNITY BENEFIT ADMINISTRATION

1. Please answer the following questions below regarding the decision making process of determining which needs in the community would be addressed through community benefits activities of your hospital?

a. Is Community Benefits planning part of your hospital’s strategic plan?

_X__Yes

___No

b. What stakeholders in the hospital are involved in your hospital community benefit process/structure to implement and deliver community benefit activities? (Please place a check next to any individual/group involved in the structure of the CB process and provide additional information if necessary):

   i. Senior Leadership

   1. __X__CEO

   2. __X__CFO

   3. __X__Other (please specify – COO, General Counsel, SVP, Strategy, VP, Community Relations)

   ii. Clinical Leadership

   1. _X__Physician

   2. _X__Nurse

   3. ___Social Worker
IV. COMMUNITY BENEFIT EXTERNAL COLLABORATION

External collaborations are highly structured and effective partnerships with relevant community stakeholders aimed at collectively solving the complex health and social problems that result in health inequities. Maryland hospital organizations should demonstrate that they are engaging partners to move toward specific and rigorous processes aimed at generating improved population health. Collaborations of this nature have specific conditions that together lead to meaningful results, including: a common agenda that addresses shared priorities, a shared defined target population, shared processes and outcomes, measurement, mutually reinforcing evidence based activities, continuous communication and quality improvement, and a backbone organization designated to engage and coordinate partners.
a. Does the hospital organization engage in external collaboration with the following partners:

- [X] Other hospital organizations
- [X] Local Health Department
- [X] Local health improvement coalitions (LHICs)
- [X] Schools
- [X] Behavioral health organizations
- [X] Faith based community organizations
- [X] Social service organizations

b. Use the table below to list the meaningful, core partners with whom the hospital organization collaborated to conduct the CHNA. Provide a brief description of collaborative activities with each partner (please add as many rows to the table as necessary to be complete)

<table>
<thead>
<tr>
<th>Organization</th>
<th>Name of Key Collaborator</th>
<th>Title</th>
<th>Collaboration Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Totally Linking Care Maryland</td>
<td>Camille Bash</td>
<td>Member &amp; CFO, Doctors Community Hospital</td>
<td>Coalition of hospitals to improve health outcomes in Southern Maryland</td>
</tr>
<tr>
<td>Prince George’s County Health Department</td>
<td>Pamela Creekmur</td>
<td>Health Officer, Prince George’s County Health Department</td>
<td>LHIC, Community Care Coordination Team; Health Enterprise Zone</td>
</tr>
<tr>
<td>Prince George’s County Schools</td>
<td>Yolanda Tully</td>
<td>Director, Youth Career Connect, Prince George’s Economic Development Corp.</td>
<td>Career development program in partnership with Blandensburg High School, Health Care Career Academy and others</td>
</tr>
<tr>
<td>Access to Wholistic and Productive Living Institute</td>
<td>Dr. Bettye Muwwakkil</td>
<td>Chief Executive Officer</td>
<td>Partner on grant initiatives – Bright Beginnings</td>
</tr>
<tr>
<td>First Baptist Church of Glenarden</td>
<td>Cheryl Cook</td>
<td>Health Ministries Director</td>
<td>Health Promotion &amp; Education; Health</td>
</tr>
</tbody>
</table>
c. Is there a member of the hospital organization that is co-chairing the Local Health Improvement Coalition (LHIC) in the jurisdictions where the hospital organization is targeting community benefit dollars?
   _____yes    X____no

d. Is there a member of the hospital organization that attends or is a member of the LHIC in the jurisdictions where the hospital organization is targeting community benefit dollars?
   X____yes    ____no

V. HOSPITAL COMMUNITY BENEFIT PROGRAM AND INITIATIVES
   This Information should come from the implementation strategy developed through the CHNA process.

   1. Please use Table III (see attachment) to provide a clear and concise description of the primary needs identified in the CHNA, the principal objective of each initiative and how the results will be measured, time allocated to each initiative, key partners in the planning and implementation of each initiative, measured outcomes of each initiative, whether each initiative will be continued based on the measured outcomes, and the current FY costs associated with each initiative. Use at least one page for each initiative (at 10 point type). Please be sure these initiatives occurred in the FY in which you are reporting.

   For example: for each principal initiative, provide the following:

   a. Identified need: This includes the community needs identified by the CHNA. Include any measurable disparities and poor health status of racial and ethnic minority groups.

   b. Name of Initiative: insert name of initiative.

   c. Primary Objective of the Initiative: This is a detailed description of the initiative, how it is intended to address the identified need, and the metrics that will be used to evaluate the results (Use several pages if necessary)

   d. Single or Multi-Year Plan: Will the initiative span more than one year? What is the time period for the initiative?
e. Key Partners in Development/Implementation: Name the partners (community members and/or hospitals) involved in the development/implementation of the initiative. Be sure to include hospitals with which your hospital is collaborating on this initiative.

f. How were the outcomes of the initiative evaluated?

g. Outcome: What were the results of the initiative in addressing the identified community health need, such as a reduction or improvement in rate? (Use data to support the outcomes reported). How are these outcomes tied to the objectives identified in item C?

h. Continuation of Initiative: Will the initiative be continued based on the outcome?

i. Expense: What were the hospital’s costs associated with this initiative? The amount reported should include the dollars, in-kind-donations, or grants associated with the fiscal year being reported.

Prince George’s Hospital Center has implemented a number of community benefit initiatives and programs (see attached Table III). Some of these current initiatives and programs include:

- Sexual Assault / Sexual Abuse Program
- Community-Based Care Transition Program
- Community Care Coordination
- Prince George’s / Wards 7 & 8 Community Breast Health Link
- Prince George’s Health Enterprise Zone
- Area Agency on Agency Dental Program
- Area Agency on Aging Chronic Disease Self-Management Education
- Diabetes Education

For the fiscal years ending June 30, 2015 and June 30, 2016 PGHC had total community benefit expenditures (as a percent of total operating expenditures) of 28.96% and 15.22%, respectively. Each year, PGHC’s total CB expenditures rank as one of the highest for all hospitals in the State of Maryland. PGHC’s fiscal year 2016 CB expenditures are primarily made up of mission-driven physician subsidies at $30,275,762 or 11.51% and charity care at $9,769,558.00 or 3.71%.

PGHC provided $40,045,320 in mission-driven physician subsidies and charity care in the fiscal year ending June 30, 2016. To fund this high level of physician subsidies and charity care, PGHC depends on State and County for financial support. Heavy reliance on dwindling state and county financial resources leaves PGHC with very limited funds and/or resources to embark on other high level CB initiatives. Nevertheless, PGHC works consistently to support the needs of its community and regularly partners with community organizations to provide services that meet its CHNA goals.
2. Were there any primary community health needs that were identified through the CHNA that were not addressed by the hospital? If so, why not? (Examples include other social issues related to health status, such as unemployment, illiteracy, the fact that another nearby hospital is focusing on an identified community need, or lack of resources related to prioritization and planning.) This information may be copied directly from the CHNA that refers to community health needs identified but unmet.

While the total range of community health needs is important, during this reporting cycle PGHC is not currently focusing on top health concerns identified by the CHNA (respiratory health and septicemia) due to the lack of available resources necessary to make the most impactful changes in these areas. These needs did not emerge as community health needs focus areas, but they as well as with other chronic diseases and co-morbidities, were taken into account and incorporated into the strategic plan where appropriate.

It must also be noted that PGHC currently provides emergency psychiatric, inpatient behavioral health and outpatient partial hospitalization services to assist with the mental health needs of the community. Because of these services, mental health was not selected as one of the focus areas for the CHNA. However, as part of its work with the Prince George’s Health Enterprise Zone and the Community Care Coordination Team, DHS has developed a plan to test and implement a model designed to incorporate behavioral services as part of its specialty care practices. DHS will also coordinate with patient-centered medical homes to test the impact of coordinated primary care, specialty and behavioral health services on chronic disease management.

VI. PHYSICIANS

1. As required under HG§19-303, provide a written description of gaps in the availability of specialist providers, including outpatient specialty care, to serve the uninsured cared for by the hospital.

2. If you list Physician Subsidies in your data in category C of the CB Inventory Sheet, please indicate the category of subsidy, and explain why the services would not otherwise be available to meet patient demand. The categories include: Hospital-based physicians with whom the hospital has an exclusive contract; Non-Resident house staff and hospitalists; Coverage of Emergency Department Call; Physician provision of financial assistance to encourage alignment with the hospital financial assistance policies; and Physician recruitment to meet community need.

DESCRIPTION OF PHYSICIAN SUBSIDIES AND THE GAPS IN THE AVAILABILITY OF SPECIALIST PROVIDERS TO SERVE THE UNINSURED:
An adequate supply of primary care physicians can reduce rates of complications that can result in high cost ED visits and hospitalizations. In recent years, the per-capita number of primary care physicians has declined in Prince George’s County. Also, the per-capita number of primary care physicians in Baltimore, Howard, and Montgomery counties, and the District of Columbia, exceeded that of Prince George’s County by one and a half to two times.

Per the aforementioned 2009 RAND report, overall, the tendency of Prince George’s County residents to use inpatient care within the County (or cross into the District of Columbia or Montgomery County) is strongly related to payor source. Inpatients with private insurance were least likely (26.1%) and patients with Medicaid were the most likely (61.7%) to be discharged from hospitals located in Prince George’s County. Also, Prince George’s Hospital Center discharges a disproportionate share of Medicaid patients suggesting that the Hospital serves as a defacto safety-net provider.

Per the Prince George’s County Health Improvement Plan 2011 to 2014, there is only a small number federally qualified health centers (FQHC) and non-FQHC safety-net clinics within Prince George’s County compared to neighboring jurisdictions. These clinics combined can provide care to only a fraction of the County’s uninsured. Access to care is further exacerbated by the growing number of County private physicians unwilling to accept Medicaid/Medicare patients. Prince George’s County is not a Health Profession Shortage Area, although small portions of the County (primarily within PGHC’s CBSA) are federally designated as medically underserved areas or underserved populations.

In light of the County’s high uninsured or underinsured population providing little or no reimbursement, the County’s level of private-practice primary care doctors and primary care clinics has not kept pace with the health care needs of County residents. For the fiscal year ending June 30, 2015, PGHC had a patient and third party payer mix that included 48% Medicaid and uninsured self-pay patients. Although, expanded coverage under the ACA has reduced the uninsured and underinsured population, there remain a significant number of uncovered lives in the PGHC service area. The capacity of community-based care, including safety-net clinics, remains severely limited. This lack of primary care services and patient “medical homes” has resulted in increased use of the Hospital’s emergency departments and other specialty health care services.

<table>
<thead>
<tr>
<th>Table IV – Physician Subsidies</th>
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</thead>
<tbody>
<tr>
<td><strong>Category of Subsidy</strong></td>
</tr>
<tr>
<td>Hospital-Based physicians</td>
</tr>
</tbody>
</table>
physicians, with whom the hospital has exclusive contracts, seeking guaranteed levels of compensation through hospital provided subsidies.

Although such care in this setting is likely to be more expensive and less-clinically appropriate than care in other settings, by providing emergency and other specialty services to the County’s uninsured and underinsured population, PGHC provides an ongoing community benefit to residents unable to obtain much needed health care services.

| **Non-Resident House Staff and Hospitalists** | The subsidies cover gaps in physician services due to lack of adequate community providers who practice within the hospital. Additionally, the hospital supports a disproportionate share of underinsured or uninsured patients. |
| **Coverage of Emergency Department Call** | The subsidies cover gaps in physician income that are the outcome of PGHC’s disproportionate share of underinsured or uninsured patients. |
| **Physician Provision of Financial Assistance** | The provision of physician reimbursement subsidies to cover free or discounted care through the Hospital’s FAP is consistent, appropriate and essential to the execution of the Hospital’s mission, vision, and values, and is consistent with its tax-exempt, charitable status. |
| **Physician Recruitment to Meet Community Need** | Recent studies have demonstrated an inadequate number of primary care and specialty providers to serve residents in the hospital primary service area. Physician recruitment subsidies are needed to recruit qualified providers to serve the community. Prince George's County also has substantially fewer specialists of all types compared with other jurisdictions. For 18 of 31 specialties, the per-capita supply of physicians in all surrounding jurisdictions exceeded the supply in Prince George’s County by 125% or more. Prince George’s County has far fewer primary care providers for the population compared to |
surrounding counties and the State. The areas with the highest primary care need are within the Beltway and in the southern region of the County. Although Prince George’s County lacks a sufficient primary care safety-net infrastructure and has one of the largest uninsured populations in the State, PGHC’s mission provides that all patients should receive the highest level of care regardless of economic standing. As mentioned, PGHC’s physician subsidies outlined in category C of the CB Inventory Sheet are primarily subsidies to cover the compensation of Hospital-based physicians with whom the Hospital has exclusive contracts.

Other – (provide detail of any subsidy not listed above – add more rows if needed)

VII. APPENDICES

To Be Attached as Appendices:

1. Describe your Financial Assistance Policy (FAP):
   a. Describe how the hospital informs patients and persons who would otherwise be billed for services about their eligibility for assistance under federal, state, or local government programs or under the hospital’s FAP. (label appendix I)

For example, state whether the hospital:
   • Prepares its FAP, or a summary thereof (i.e., according to National CLAS Standards):
     ▪ in a culturally sensitive manner,
     ▪ at a reading comprehension level appropriate to the CBSA’s population, and
     ▪ in non-English languages that are prevalent in the CBSA.
   • posts its FAP, or a summary thereof, and financial assistance contact information in admissions areas, emergency rooms, and other areas of facilities in which eligible patients are likely to present;
   • provides a copy of the FAP, or a summary thereof, and financial assistance contact information to patients or their families as part of the intake process;
• provides a copy of the FAP, or summary thereof, and financial assistance contact information to patients with discharge materials;
• includes the FAP, or a summary thereof, along with financial assistance contact information, in patient bills; and/or
• discusses with patients or their families the availability of various government benefits, such as Medicaid or state programs, and assists patients with qualification for such programs, where applicable.

b. Include a copy of your hospital’s FAP (label appendix II).
c. Include a copy of the Patient Information Sheet provided to patients in accordance with Health-General §19-214.1(e) (label appendix III).

2. Attach the hospital’s mission, vision, and value statement(s) (label appendix IV).
FINANCIAL ASSISTANCE PROGRAM

PGHC has a long tradition of serving the poor, the needy, and all who require health care services. However, the Hospital alone cannot meet every community need. We practice effective stewardship of resources in order to continue providing accessible and effective health care services. In keeping with effective stewardship, the provision for financial assistance is budgeted annually. PGHC continues to play a leadership role in the community by helping to promote community-wide responses to patient needs, in partnership with government and private organizations.

In order to promote the health and well-being of the community served, individuals with limited financial resources who are unable to access entitlement programs are eligible for free or discounted health care services based on established criteria. An eligibility criterion is based upon the Federal Poverty guidelines and is updated annually in conjunction with the published updates by the United States Department of Health and Human Services. All open self-pay balances are considered for financial assistance. If a determination is made that the patient has the ability to pay all or a portion of the bill, such a determination does not prevent a reassessment of the person’s ability to pay at a later date.

To be considered for financial assistance, the patient must cooperate with the facility to provide the information and documentation necessary to apply for other existing financial resources that may be available to pay for his or her health care, such as Medicaid. Patients are responsible for completing the required application forms and cooperating fully with the information gathering and assessment process, in order to determine eligibility for financial assistance.

Appropriate signage is visible in the facility in order to create awareness of the financial assistance program and the assistance available. Signage is posted in all patient intake areas, including, but not limited to, the Emergency Department, the Billing Office, and the Admission/Patient Registration areas. Information such as brochures is included in patient services/information folders and/or at patient intake areas. All public information and/or forms regarding the provision of financial assistance use languages that are appropriate for the facility’s service area in accordance with the State’s Language Assistance Services Act.

The necessity for medical treatment of any patient is based on the clinical judgment of the provider without regard to the financial status of the patient. All patients are treated with respect and fairness regardless of their ability to pay.
FINANCIAL ASSISTANCE PROGRAM POLICY
#210-01
APPENDIX III

1). PATIENT INFORMATION SHEET

2). “WHAT YOU SHOULD KNOW AS A PATIENT”
MISSION, VISION AND VALUES STATEMENT

Mission
Within the Dimensions Healthcare System, it is our mission to provide comprehensive health care of the highest quality to residents, and others who use our services while strengthening our relationships with universities, research and health care organizations to ensure best in class patient care.

Vision
To be recognized as a premier regional health care system.

Values
Dimensions Healthcare System:
- Respects the dignity and privacy of each patient who seeks our service.
- Is committed to excellent service which exceeds the expectations of those we serve.
- Accepts and demands personal accountability for the services we provide.
- Consistently strives to provide the highest quality work from individual performance.
- Promotes open communication to foster partnership and collaboration.
- Is committed to an innovative environment; encouraging new ideas and creativity.
- Is committed to having its hospitals meet the highest standards of safety.
Table III

HOSPITAL COMMUNITY BENEFIT PROGRAMS AND INITIATIVES
## Initiative 1

<table>
<thead>
<tr>
<th>1. Identified Need</th>
<th>Diabetes</th>
</tr>
</thead>
<tbody>
<tr>
<td>All data sources from the CHNA spoke to some similar high priority diseases needing to be addressed. The SPH team analyses of PGHC data, across all hospital departments, indicated that the following six disease areas are top priorities: mental disorders, conditions complicating pregnancy and childbirth (e.g. diabetes), septicemia, heart failure, diabetes, and respiratory disorders. Respondents from the county-wide survey identified two of these diseases, heart disease and diabetes, as urgent health conditions in the county. They also mentioned obesity and high blood pressure. Health experts discussed the high prevalence of chronic illness in the PGHC service area including obesity, diabetes, asthma, heart disease, coronary disease, renal failure, strokes, and congestive heart failure. They explained that these conditions result from untreated diabetes, cholesterol, and high blood pressure and that exacerbating these chronic illnesses are patient lack of education, access to care/insurance, and high rates of smoking. Residents reported the following urgent health conditions in Prince George’s County: cancer (17.2%) diabetes (15.7%), obesity (10%), high blood pressure/hypertension (9.1%), HIV/AIDS (8.4%), and heart disease (8.1%). The community leaders and health experts spoke about the high prevalence of chronic illnesses such as heart disease, diabetes, asthma, obesity, and stroke as well as the need for preventive services and health education. County survey respondents mirrored this focus on prevention and education when identifying programs to address smoking cessation, stress management, physical activity, nutrition counseling, and family planning as “vital” services needed in the County. Yes, this was identified through the CHNA process.</td>
<td></td>
</tr>
</tbody>
</table>

| 2. Was this identified through the CHNA process? | Yes, this was identified through the CHNA process. |

### Hospital Initiative

- **A. Living Well- Diabetes Self- Management program-** a partnership program between the Prince George’s Health Department, Family Services Divisions and Dimensions Healthcare System.  
- **B. Diabetes Outpatient program and Diabetes Center**

### Total Number of People Within the Target Population

- **Both Diabetes educational programs target Prince George’s County residents.**  
  - **A. The Living-Well Diabetes classes targeted residents primarily in the following zip codes: 20746, 20774, 20743 & 20710**  
  - **B. The Diabetes Outpatient program targeted residents living within the following zip codes: 20785, 20784, 20743, 20710 & 20707**
| Total Number of People Reached by the Initiative Within the Target Population | A. 55  
B. A total of 60 individuals completed the Diabetes Outpatient program. In addition, 14 also completed Medical Nutrition Therapy as part of the program. |
|---|---|
| Primary Objective of the Initiative | Increase education and screenings to increase awareness in the community about diabetes and provide self-management techniques and support to improve modifiable risk factors.  
Increase access to care and care coordination within the zip codes identified as having high rates of re-admissions due to non-urgent Emergency Department visits for complications related to chronic disease. Targeted diseases include diabetes. |
| Single or Multi-Year Initiative – Time Period | Multi-Year |
| Key Collaborators in Delivery of the Initiative | Prince George’s Hospital Diabetes Center  
Prince George’s County Health Department  
Totally Linking Care Maryland  
Prince George’s Hospital Center, Family Medicine Residency Program  
Family Medicine Practice, Family Health and Wellness Center, Cheverly, Maryland. |
| Impact/Outcome of Hospital Initiative? | A. At the completion of the program participants reported a significant increase in their self-perceived ability to manage their own health, and a better understanding how to managed diabetic symptoms.  
B. 95.9% of individuals reported feeling confident and more informed about how to monitor diabetes, including nutrition management, medication monitoring, glucose checks as well as modifiable risk factors such as the importance of exercise. |
| Evaluation of Outcomes: | A. The Diabetes Self-Management program conducted post questionnaires at the completion of each 7 week class  
B. Evaluation of outcomes was conducted using satisfaction surveys and follow-up calls. |
| Continuation of Initiative? | Yes, we will continue all initiatives and collaborations with partners. |
| Total Cost of Initiative for Current Fiscal Year and What Amount is from Restricted Grants/DirectOffsetting Revenue | Total Cost of Initiative  
$381,000 |
## Initiative 2

<table>
<thead>
<tr>
<th>1. Identified Need</th>
<th>Heart Disease</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Was this identified through the CHNA process?</td>
<td>All data sources from the CHNA spoke to some similar high priority diseases needing to be addressed. The SPH team analyses of PGHC data, across all hospital departments, indicated that the following six disease areas are top priorities: mental disorders, conditions complicating pregnancy and childbirth (e.g. diabetes), septicemia, heart failure, diabetes, and respiratory disorders. Respondents from the county-wide survey identified two of these diseases, heart disease and diabetes, as urgent health conditions in the county. They also mentioned obesity and high blood pressure. Health experts discussed the high prevalence of chronic illness in the PGHC service area including obesity, diabetes, asthma, heart disease, coronary disease, renal failure, strokes, and congestive heart failure. They explained that these conditions result from untreated diabetes, cholesterol, and high blood pressure and that exacerbating these chronic illnesses are patient lack of education, access to care/insurance, and high rates of smoking. Residents reported the following urgent health conditions in Prince George’s County: cancer (17.2%) diabetes (15.7%), obesity (10%), high blood pressure/hypertension (9.1%), HIV/AIDS (8.4%), and heart disease (8.1%). The community leaders and health experts spoke about the high prevalence of chronic illnesses such as heart disease, diabetes, asthma, obesity, and stroke as well as the need for preventive services and health education. County survey respondents mirrored this focus on prevention and education when identifying programs to address smoking cessation, stress management, physical activity, nutrition counseling, and family planning as “vital” services needed in the County. Yes, this was identified through the CHNA process.</td>
</tr>
</tbody>
</table>

### Hospital Initiative

<table>
<thead>
<tr>
<th>A. Provide on-going heart health screenings and education in collaboration with community partners. Screenings include blood pressure check, cholesterol and heart health lectures.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Collaboration with Prince George’s Hospital Center, recently certified, Stroke center to deliver stroke education and blood pressure screenings to community members</td>
</tr>
<tr>
<td>2) Provided ongoing educational health talks in partnership with the Maryland National Capital Park &amp; Planning “Walk with the Doc” community educational program.</td>
</tr>
<tr>
<td>B. WomenHeart – an organization that seeks to improve the health and quality of life of women living with or at risk of heart disease, and to advocate for their benefit. WomenHeart raises awareness about the importance of prevention and early detection, accurate diagnosis and proper treatment of women’s heart disease.</td>
</tr>
</tbody>
</table>
### Total Number of People Within the Target Population

Both Diabetes educational programs target Prince George’s County residents.

- **A.** The Living-Well Diabetes classes targeted residents primarily in the following zip codes: 20746, 20774, 20743 & 20710
- **B.** The Diabetes Outpatient program targeted residents living within the following zip codes: 20785, 20784, 20743, 20710 & 20707

### Total Number of People Reached by the Initiative Within the Target Population

- **A.** Prince George’s County residents who reside in the zip-codes identified as high utilizes of the ED. Zip codes include: 20743, 20731, 20781, 20785, 20791, 20747, 20753.
- **B.** Women in Prince George’s County who are living with or at risk for heart disease.
- **C.** The ChoICE Program was implemented in Beltsville MD, an area with higher reported rates of obesity within Prince George’s County. Data from the City of Beltsville, which is primarily targeted in this project, revealed that in 2012 both the adult and low-income preschool obesity rates (30.7% and 16.7% respectively) were higher than MD state average (26.7% and 15.5%).

### Primary Objective of the Initiative

- **A.** Increase education and screenings to increase awareness in the community about heart disease and provide techniques to improve modifiable risk factors for heart disease.
- **B.** Women Heart is an organization that seeks to improve the health and quality of life of women living with or at risk of heart disease, and to advocate for their benefit. WomenHeart raises awareness about the importance of prevention and early detection, accurate diagnosis and proper treatment of women’s heart disease.
- **C.** The primary objective of the ChoICE program is to provide health education to children as well adults in an effort to decrease obesity rates and increase healthy lifestyle choices; by providing social support to families using a faith-based community to assist in reinforcing long-term environmental and behavioral change.

### Single or Multi-Year Initiative – Time Period

- Multi-Year
| Key Collaborators in Delivery of the Initiative | Prince George’s Hospital Center  
Stroke Center  
Maryland National Capital Park & Planning  
Local Community Centers and Faith Based Institutions  
American Heart Association  
The National Coalition for Women with Heart Disease  
Family Health and Wellness Center, Cheverly, Maryland.  
Family Medicine Residency Practice  
Fillipino American Capital SDA Church |
|-----------------------------------------------|
| Impact/Outcome of Hospital Initiative?        | According to the 2015 Prince George’s County Health Report, deaths contributed to Heart Disease have decreased within the past 2 years from 191.2 to 180.0 per 100,000.  
The ChOICE program achieved some success within the city of Beltsville however; the impact of this program is the infancy stages. The obesity rate in Prince George’s County continues to be a significant challenge. Continued and expanded partnerships will allow this program to reach additional communities in the effort to combat the obesity epidemic. |
| Evaluation of Outcomes:                       | Outcomes were evaluated using data retrieved from the Prince George’s County Health Zone Data Report; a health status report consisting of health and demographic indicators collected from various local, state and national data resources. |
| Continuation of Initiative?                  | Yes, we will continue all initiatives and collaborations with partners. |
| Total Cost of Initiative for Current Fiscal Year and What Amount is from Restricted Grants/Direct Offsetting Revenue | Total Cost of Initiative  
$12,050.00 |
### Initiative 3

<table>
<thead>
<tr>
<th>1. Identified Need</th>
<th>Pregnancy and Child Birth Complications</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Was this identified through the CHNA process?</td>
<td>CHNA determined approximately 25% of Prince George’s County residents did not have a usual source of care, 17% were uninsured, and 17% had delayed necessary health care. Residents reported that the cost, access, and quality were the major barriers to receiving health care in Prince George’s County. Community leaders and health experts discussed the need to increase the availability of specialty care providers and specific health services in the PGHC service area. Both groups discussed the need for more prenatal care specialists and services. The Prince George’s County Health Improvement Plan from 2011 to 2014 identified the top priority areas for the county, which include access to health care, chronic diseases, reproductive health, infectious diseases, safe and healthy physical environments, and safe and healthy social environments. All CHNA data sources spoke to some similar high priority diseases needing to be addressed. The SPH team analyses of PGHC data, across all hospital departments, indicated that the following six disease areas are top priorities: mental disorders, conditions complicating pregnancy and childbirth (e.g. diabetes), septicemia, heart failure, diabetes, and respiratory disorders. Respondents from the county-wide survey identified two of these diseases, heart disease and diabetes, as urgent health conditions in the county. They also mentioned obesity and high blood pressure, which can be conditions complicating pregnancy and childbirth. The majority of respondents from the county-wide survey also identified nutrition education (59%) and physical activity programs (58%) as vital needs, which are often related to heart disease, diabetes, and pregnancy complications. CHNA findings from all data sources spoke to the need to improve access to health care services by expanding prenatal, maternal/child services. In addition, the CHNA identified a need for better coordination of care related to prenatal, maternal/child care. Yes, this was identified through the CHNA process.</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Hospital Initiative</th>
<th>Expand Access to Pre Natal Care</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Number of People Within the Target Population</strong></td>
<td>194,724 women of reproductive age in Prince George’s County</td>
</tr>
<tr>
<td><strong>Total Number of People Reached by the Initiative Within the Target Population</strong></td>
<td>17,318</td>
</tr>
</tbody>
</table>
| Primary Objective of the Initiative | A. Enhance access to obstetrical care providers to include Maternal Fetal Medicine Specialists  
B. Provide Continuity of Care through a seamless process that supports the patient/family need of education, care coordination, and psychological support for high risk pregnancy |
<table>
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</thead>
<tbody>
<tr>
<td>Single or Multi-Year Initiative – Time Period</td>
<td>Multi-Year</td>
</tr>
</tbody>
</table>
| Key Collaborators in Delivery of the Initiative | Community Clinic Inc.  
Pregnancy Aid Center  
Greater Baden Medical Services  
Prince George’s Hospital Center, Family Medicine Residency Program  
Family Medicine Practice, Family Health and Wellness Center, Cheverly, Maryland. |
| Impact/Outcome of Hospital Initiative? | Outcomes:  
In FY16:  
- DHS OB/GYN providers provided care to 16,774 women at its clinical sites  
- DHS OB/GYN providers supported prenatal care at community based sites by providing clinical support to:  
  - Mary’s Center – 35 births  
  - Pregnancy Aid Center – 46 births  
  - Greater Baden Medical Services – 56 births  
  - Community Clinic Incorporated – 66 births  
  - Walk-ins with Care – 103 births  
  - Patients without prenatal care – 73 births  
- DHS OB/GYN providers provided education to community organizations to reduce the incidence of adverse birth outcomes and sites throughout the county. Particularly, DHS Physicians provided clinical support to the community site listed to improve the management high risk pregnancies |
| Evaluation of Outcomes: | Maryland SHIP data shows:  
Babies with Low Birth Weight  
For 2013, 8.9% of babies born in Prince George’s County were classified teen birth rate of 24.2 Recent data show improvement. In 2014, the percentage of low birth rate babies was 8.6%. We expect our ongoing efforts will result in additional improvement. |
Infant Mortality Rate
In 2013, the number of infant deaths as well as the Infant Death Rate, or number of deaths per 1,000 live births in Prince George’s County, was the lowest they had been over the past decade. While this is encouraging, there are still disparities with some groups more affected by infant death. In 2014, the infant mortality rate was reported at 6.5% and improvement from the 2013 rate (7.8%) by .9%.

Teen Birth Rate
For 2013, the Prince George’s County’s teen birth rate of 24.2 was higher than Maryland’s (19.3), but lower than the U.S at 26.5. Teen pregnancies have substantial social and economic costs. Teen mothers are more likely to drop out of high school, which results in a lower income. The children of teen parents are more likely to have lower school achievement and drop out, have more health problems, be incarcerated, and also be a teen parent. Collaborative efforts of DHS and County-based community partners have contributed to a downward trend in the teen birth rate. For 2014, the data shows the Prince George’s County teen birth rate at 21.3.

<table>
<thead>
<tr>
<th>Continuation of Initiative?</th>
<th>Yes, we will continue all initiatives and collaborations with partners.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Cost of Initiative for Current Fiscal Year and What Amount is from Restricted Grants/DirectOffsetting Revenue</strong></td>
<td>$4,683,315</td>
</tr>
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<td><strong>Total Cost of Initiative</strong></td>
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